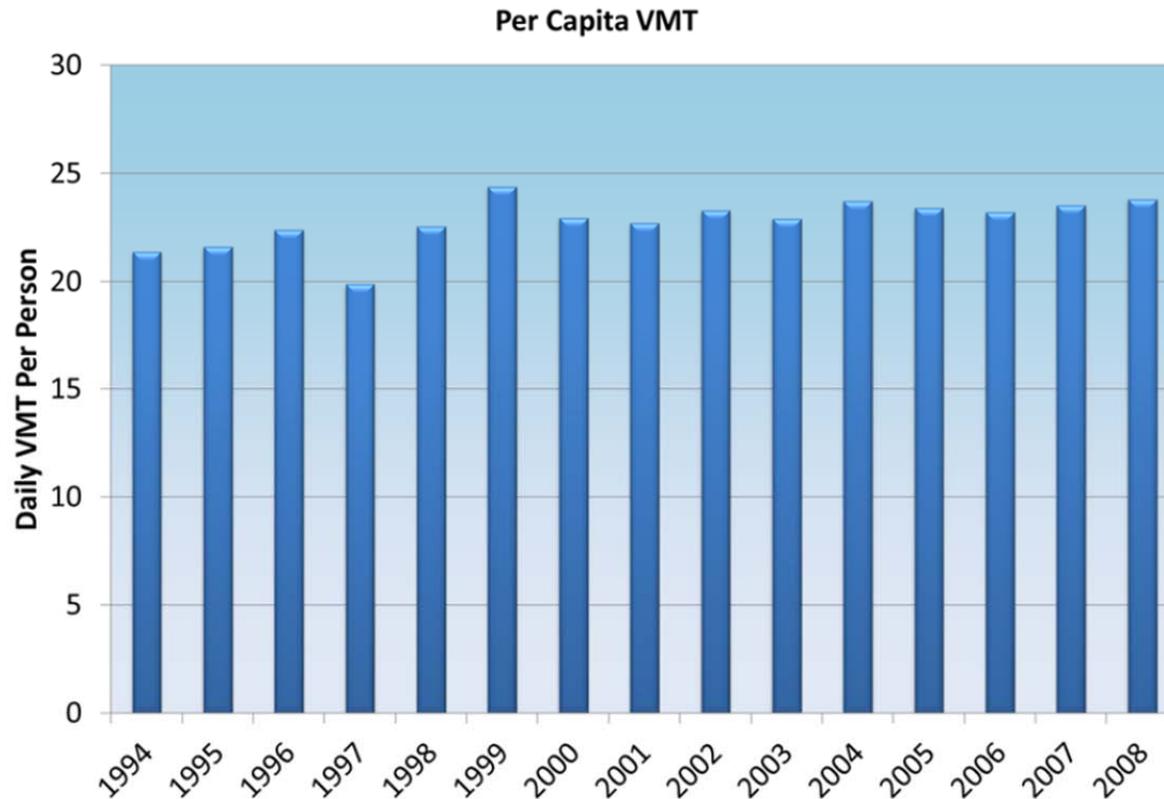


## Figure 5.1 Per Capita Daily Vehicle Miles Traveled in Hampton Roads



Source: Federal Highway Administration, HRPDC

### Why is it important?

Per capita vehicle miles traveled (VMT) is the industry standard in determining the amount of traffic generated per person. Increased sprawl, higher employment to population ratios, and low transit usage can put upward pressure on a region's per capita VMT.

### How are we doing?

Hampton Roads' per capita VMT remained relatively constant over the past several years despite changes in commuting patterns.