

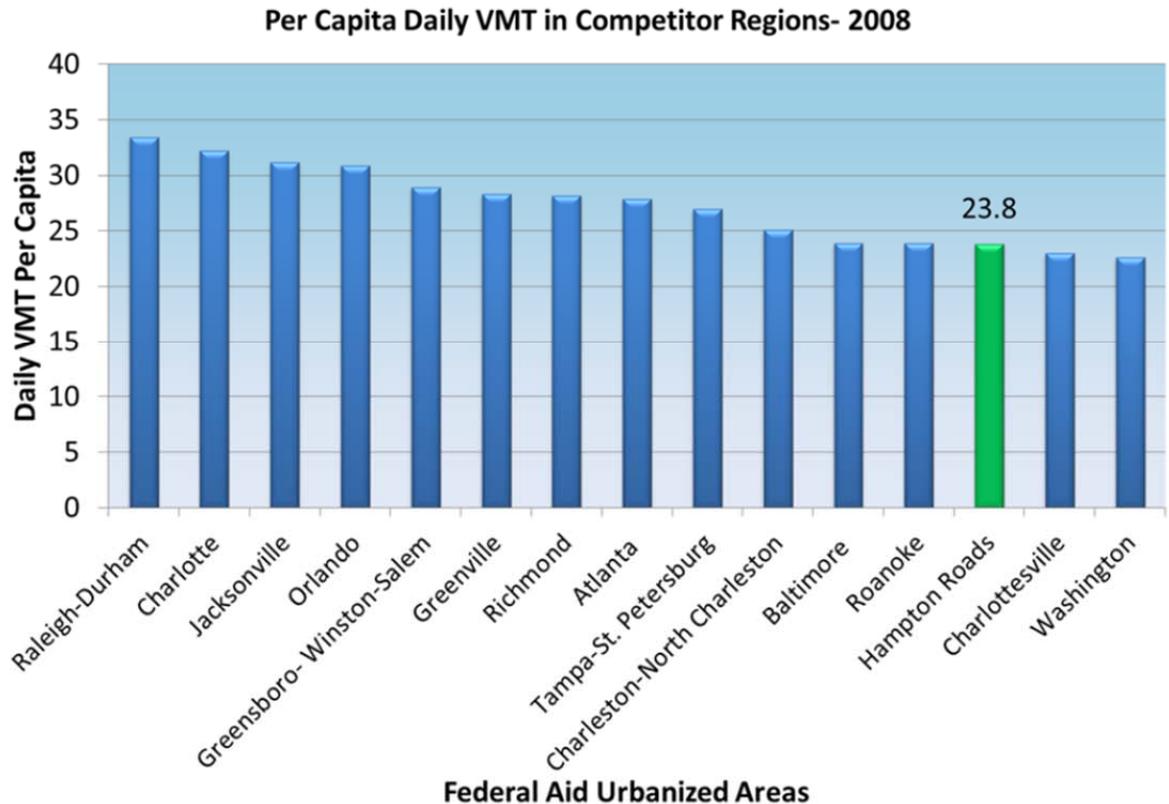
Figure 5.2 Per Capita Daily Vehicle Miles Traveled in Hampton Roads and Competing Metro Areas

Why is it important?

Traffic patterns and congestion have a bearing on regional competitiveness and quality of life. Per capita VMT is a reflection of a region's commuting distance, density, and transit usage.

How are we doing?

Per capita VMT in Hampton Roads is relatively low when compared to other regions, suggesting that either regional commuting distances are comparatively short or there is a higher level of transit utilization in the region.



Source: Federal Highway Administration, HRPDC