

## 50 Ways to Celebrate Earth Day

1. Go plogging (picking up litter while jogging)
2. Pick up your age in pieces of litter. (*For example, if you're 10, pick up 10 pieces of litter.*)
3. Add dog waste bags to a neighborhood pet waste station.
4. Create a work of art using repurposed items.
5. BYO (bring your own)...reusable coffee mug/insulated beverage container to your favorite coffee shop for a fill-up.
6. BYO...reusable water bottle along with you to work, school, or some other activity.
7. BYO...reusable take-out container with you when you go out to eat.
8. BYO...reusable bag along with you on a shopping trip.
9. BYO...reusable produce bag to the grocery store.
10. BYO...reusable produce bag to the grocery store.
11. Skip the straw. Tell your server "no straw, please" the next time you eat out.
12. Plant a native tree or plant. Need ideas, find a comprehensive list of Hampton Roads native species here: <https://askhrgreen.org/wp-content/uploads/2011/06/Native-Plants-for-Southeast-Virginia-Guide.pdf>
13. Take the "Scoop the Poop" pledge and always pick up after your pet:  
<https://askhrgreen.org/gtk-gtd/pet-waste-scoop-poop/>
14. Recycling self-audit: Double-check what's acceptable in your municipal recycling program and then make sure that you are not "wishful recycling." Use askHRgreen.org's new recycling lookup tool to find out what's accepted where you live/work: <http://askhrgreen.org/recycling>
15. Read *The Lorax* or another environmentally-themed book of your choice.
16. Write an Earth Day poem.
17. Check your faucets and plumbing fixtures for leaks. If you find one, fix it! Here are some tips on finding & fixing those pesky leaks: <https://askhrgreen.org/gtk-gtd/water-leaks-finding-fixing/>
18. Create a pledge board: at work, school, or your place of worship. Leave post-it notes there so that people can write down the activities that they pledge to do for the environment throughout the next year.
19. Switch all of your paper bills over to e-bills if the provider offers that option.
20. Replace inefficient incandescent light bulbs with efficient CFLs or LEDs.
21. Install a programmable thermostat to save energy and money.
22. Pack your lunch in a reusable bag.
23. Form a "green team" at your office/school/place of worship to find cost-effective ways to conserve resources and promote sustainability.
24. Volunteer with a local environmental group.
25. Join a local park, river or beach clean-up.
26. Bike or carpool to work or school.
27. Spend one hour in nature.
28. Take a walk or hike outside.
29. Go ahead, hug a tree!
30. Build a rain barrel.

31. Turn off the water when you brush your teeth.
32. Take a 5-min (or less) shower.
33. Turn devices off at night.
34. Swap your packaging. Grocery shop with the end point in mind and select only products in packaging accepted for recycling where you live.
35. Adjust your home's heater down a degree (or air conditioner up a degree).
36. Go zero waste for one day.
37. Add a pollinator-friendly plant in your yard to help support butterflies or bees.
38. Get a soil test to find out if you can skip lawn fertilizer.
39. Opt out of junk mail. Visit the Federal Trade Commission to learn how.
40. Share a trashtag on social media. Trashtags are before and after pictures of a litter cleanup.
41. Check-in on social media at a local park or conservation attraction.
42. Follow askHRgreen.org on social media and tell us how you are celebrating Earth Day 50.
43. Follow your local watershed restoration group on Facebook or Instagram.
44. Become a Bay Star Home or Bay Star Business
45. Share your favorite go green tip with friends on social media.
46. Visit a professional car wash instead of washing your car on the street.
47. Declutter your home and donate unneeded items to a local secondhand store instead of trashing them.
48. Participate in a public environmental event or project during the month of April.
49. Share a selfie with your favorite reusable mug, cup, or water bottle. Tag @askHRgreen
50. Share a selfie from your favorite outdoor spot in Hampton Roads then tell us why it's worth protecting. Tag @askHRgreen